

Likha - Dalawa

(#8 2nd Brown Belt)

Rank Requirements

Mano - Mano

Glancing Spear ___ ___ ___
Block, Check Counter ___ ___ ___

Dumog

Shin Ambar ___ ___ ___
Side-By-Side ___ ___ ___

Anyos

Anyo Anim ___ ___ ___
Baston Anyo Apat ___ ___ ___
Sibat Anyo Dalawa* ___ ___ ___

Kali - Escrima

Daga Peel	___ ___ ___	Thumb Lock Disarm	___ ___ ___
Daga Gunting Throw	___ ___ ___	Sibat Abecedario	___ ___ ___
Palis - Palis		Open Double Sinawali	___ ___ ___
• Side-by-Side	___ ___ ___	Baston Abecedario w/ Disarms	___ ___ ___
• Neck Crank	___ ___ ___		

Name: _____

Terms:

Tranka - Lock.

Trap:

Glancing Spear - (Mirror stance) Lead cutting forearm block, eye jab.

Open Double Sinawali: Double Sinawali from an open guard.